

COVID-19 SCHOOL EXCLUSION RECOMMENDATIONS

Per recommendations and guidelines from the Montgomery County Department of Public Health

Exclusion From and Return to School Procedures

COVID-19 Symptoms By Student / Faculty / Staff

- Two of the following symptoms: fever (measured or subjective), chills, fatigue, myalgia, headache, sore throat, congestion, nausea, vomiting, or diarrhea OR
- One of the following symptoms: cough, shortness of breath, difficulty breathing, or new loss of taste or smell

Individual should be tested for COVID-19.

- If test result is negative OR doctor's note with differential diagnosis, return to school after 24 hours afebrile **and** improved respiratory symptoms
- If test result is positive or individual is unable/refuses to get tested, may return to school after:
 - ☐ 24 hours with no fever and
 - ☐ Improvement in symptoms and
 - ☐ 10 days since symptoms first appeared
 - ☐ 24 hours afebrile without fever-reducing medication
 - ☐ Clearance from medical doctor

Positive COVID-19 PCR Test

WITH SYMPTOMS

- May return to school after:
- 24 hours with no fever **and**
 - Improvement in symptoms **and 10 days since** symptoms first appeared
 - 24 hours afebrile without fever-reducing medication
 - Receipt of documented clearance from physician

WITHOUT SYMPTOMS

- May return to school after:
- 10 days after PCR test was collected
 - Receipt of documented clearance from physician
 - Continue to teach/work remotely.

Close Contact to Positive

- Within 6ft of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset.
- Household Contact

WITH SYMPTOMS

- Individual should be tested for COVID-19.
- If test result is negative, return to school 14 days after last exposure to the person with COVID-19 and symptoms have resolved.
 - If test result is positive, follow return to school guidance for positive PCR with symptoms
 - To return to school, clearance from a physician must be provided.

WITHOUT SYMPTOMS

- Excluded 10 days after exposure without testing OR 7 days after exposure with a negative PCR test that takes place 3-5 days after exposure.
- If the exposure is the result of a household member, further investigation will need to be done to determine quarantine dates.
 - If symptoms develop during the 14 days, follow Return to School guidance for Close Contact with symptoms.
 - If a student has been infected and recovered from COVID-19 within the last 90 days they may not need to quarantine for the full 7-10 days, but will be asked to produce a medical note identifying the date of infection. They will also be asked to produce a negative PCR test.

Close Contact to Suspected Positive

- Within 6ft for 15 minutes or more
- Household Contact

WITH SYMPTOMS

- Individual should be tested for COVID-19.
- If test result is negative, return to school 14 days after last exposure to the person with COVID-19 and symptoms have resolved
 - Receipt of documented clearance from physician
 - If test result is positive, follow return to school guidance for positive PCR with symptoms

WITHOUT SYMPTOMS

- Excluded 10 days after exposure without testing OR 7 days after exposure with a negative PCR test that takes place 3-5 days after exposure.
- If the exposure is the result of a household member, further investigation will need to be done to determine quarantine dates
 - If symptoms develop during the 14 days, follow Return to School guidance for Close Contact with symptoms.
 - If a student has been infected and recovered from COVID-19 within the last 90 days they may not need to quarantine for the full 7-10 days, but will be asked to produce a medical note identifying the date of infection. They will also be asked to produce a negative PCR test.

Travel Outside of the United States

- Critical workers are encouraged to wear both a face shield and mask and social distance, if unable to quarantine

WITH SYMPTOMS

- If symptoms develop up to 14 days after return, follow return to school guidance for COVID-19 symptoms.

WITHOUT SYMPTOMS

- In addition to possible required testing prior to air travel returning to the US:
- Get tested 3-5 days after travel AND stay home and self-quarantine for 7 days after travel.
 - Monitor for symptoms for 14 days.