

Our next Programming Day is Friday, May 7th with the 10th, 11th, and 12th grades in person. The 9th graders do not have any virtual obligations on this day and can use it as a day to catch up on work and plan for the final weeks of school.

The 10th grade will be participating in their Sophomore Retreat in the morning followed by an introduction to PAL 2.0. PAL 2.0 is a student led mentorship initiative designed to encourage more peer led conversations around courageous topics, especially topics centered on the Critical Concerns of the Sisters of Mercy. Sophomores will have an opportunity to participate in a pilot activity and provide feedback. They will end the day with a fun Cupcake Wars competition which has been planned by Student Council.

The Juniors and Seniors will start the day with the Pre-Prom Assembly which will be led by Mary Ciammetti, the Founder of The CTC Wellness Foundation and Don't Stall, Just Call, an alcohol poisoning education and prevention mission for students and families. In 2015, Mary experienced great tragedy—the death of her beloved youngest child, Christian, a 20-year-old thriving college student. He died from complications of alcohol poisoning due to binge drinking. Through grief, her purpose became clear: Don't Stall, Just Call was created along with the nonprofit The CTC Wellness Foundation, a 501c(3) that focuses on alcohol education, anxiety reduction strategies and wellness opportunities for students to incorporate healthy lifestyle choices on campus and beyond. Learn more here: [DON'T STALL, JUST CALL](#)

After lunch, the juniors and seniors will engage in an activity that is a continuation of the work they did during Mission Week. They will engage in a board game activity which allow them to learn and understand some of the laws, policies, practices, and norms that support and reinforce racism in our society today. Juniors and Seniors will be dismissed by 12:30.

Our last Programming Day will take place on Friday, May 21st with the 9th, 10th, and 12th grades in person. The whole school will participate in our May Liturgy and the 12th grade will have their Senior Retreat that day. More information on schedules to come.

SOPHOMORE RETREAT SCHEDULE

8:15 – 8:45	Introduction, Opening Prayer, Welcome, Getting into Groups (GYM)
8:50 – 9:40	Service Project – Session I (6 Classrooms)
9:45 – 10:35	Service Project – Session II (6 Classrooms)
10:45 – 11:30	LUNCH
11:35 – 12:25	Service Project – Session III (6 Classrooms)
12:30 – 12:45	Closing Prayer/Wrap-Up (GYM)
12:45 – 2:00	PAL 2.0 with Anita Roberson (GYM)
2:00 – 3:00	Cupcake Wars
3:00	Dismissal

JUNIOR & SENIOR SCHEDULE

8:30 -9:30	Pre-Prom Presentation (PAC)
9:30 – 10:00	Prom Expectations

10:00 – 10:40 LUNCH

10:45 – 12:30 Mission Week Part II (PAC & Tent)

12:30 Dismissal